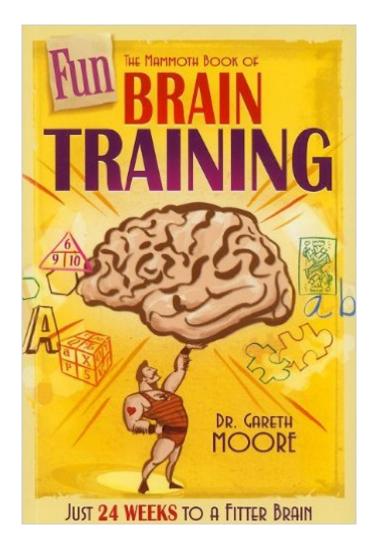
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# The Mammoth Book Of Fun Brain-Training





## Synopsis

Brain training just a few minutes each day has been shown to bring lasting gains in cognitive fitness. Test yourself with a variety of new challenges to improve memory, logic, and reasoning, visual and spatial awareness, and language and math skills. Features over 300 illustrated puzzles to stimulate and entertain!

### **Book Information**

Paperback: 352 pages Publisher: Running Press (March 8, 2011) Language: English ISBN-10: 0762440937 ISBN-13: 978-0762440931 Product Dimensions: 5.1 x 1 x 7.7 inches Shipping Weight: 1 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (2 customer reviews) Best Sellers Rank: #966,331 in Books (See Top 100 in Books) #309 in Books > Humor & Entertainment > Puzzles & Games > Math Games #743 in Books > Humor & Entertainment > Puzzles & Games > Logic & Brain Teasers #1571 in Books > Humor & Entertainment > Puzzles & Games > Puzzles

#### **Customer Reviews**

The puzzles are fresh and lively -- Will Shortz -- This text refers to an alternate Paperback edition.

Dr. Gareth Moore is an expert in artificial intelligence and a Ph.D-qualified scientist from Cambridge University. His previous books include The Mammoth Book of Brain Workouts. He lives in England.

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